

# ALLOWABLE AND NON – ALLOWABLE ITEMS

\*Note this is a 14-month program, so these items can also be mailed to the student if necessary.

## ALLOWABLE ITEMS

- **Peanuts, pecans, or any form of nuts \*\*SHELLED ONLY\*\***
- **Hard candy in wrapping-** jolly ranchers, peppermints, lifesavers, etc. **\*\*NO SUCKERS\*\***
- **School Supplies:**
  - Notebooks
  - Pens, pencils, and high lighters
  - Bible - NLT, NIV, KJV, NKJV versions are ok.
  - Reading glasses if necessary
  - 3-ring binders
  - Loose-leaf paper and spiral notebooks, diary journal
- **Towels and washcloths** (We have weekly laundry days, so only a couple of each is necessary to avoid cluttering)
- **Sheets for twin size beds** (Only one set is necessary) and any blankets and pillowcases
- **Pillow** can bring 2 pillows if desired
- **Drink bottle and drink mixes to add to water – single packs.**
- **Large Plastic waist high Clothes Hamper** – we wash clothes once a week (**bring enough underwear for a week**)
- **Shoes** – You can have **6 pair of shoes TOTAL** – that includes shower shoes, dress shoes (lace up or slip on) and the ones on your feet.
- **Being on TIME is important - Bring a WATCH**
- **Hygiene** (Note that you **CANNOT** bring any mouthwash that contains alcohol)
  - Soap, shampoo, and conditioner
  - Deodorant and cologne / Toothpaste and toothbrush
  - Hair and Nail clippers / Shaving razors, shaving cream, lotion
  - Toilet bag with first aid simple necessities. i.e.: band aids, anti-biotic cream, anti-itch cream, toothpicks, and floss
  - Laundry detergent in **POD FORM ONLY**
- **Clothes**
  - Slacks or khakis (3-5 pair)
  - Jeans (3-5 pair)
  - Button-down dress shirts (3-5 pcs)
  - Collared “polo-style” shirts for mid-week church services and class (5-7 pcs)
  - Work Clothes – Any clothes that can get stained or soiled with paint or grease

## NON - ALLOWABLE ITEMS

- No food (other than hard candy, and the nuts listed above)
- Radios (including clock radios)

- Books and reading material other than the Bible
- Walkman, CD Players, CD's, DVD's, MP3 players or Portable DVD players
- Knives or weapons of any kind

**NO PROVACATIVE CLOTHING OF ANY KINDS** - this includes bandanas, gang-like apparel, offensive art and/or writing, and shirts with alcohol or tobacco advertisements No clothing with any skulls.

**FINANCES:** To be discussed with the Intake Coordinator before coming in.

**\*\* ALL FEMALE VISITORS MUST WEAR PANTS AND KEEP THEIR PHONES AND HANDBAGS IN THEIR VEHICLE\*\***